

## ing the Journey

on is a prescription medicine used for treatment of  
ains two medicines carbidopa and levodopa.

or patients and caregivers!

Presenter:

Ashley Greg, MS, AGPCNP-BC

Nurse Practitioner, OrthoNeuro, Neurology

New Albany, OH

Practitioner with a focus on the treatment of neu-  
disease, Multiple Sclerosis, Stroke, dystonia, and spas-  
ow up care, patient education and medication man-  
cludes nerve blocks, IM injections and addressing  
neck pain, along with performing nerve blocks includ-  
ley's clinical research includes SOPG stimulation for  
Ohio State University, and she is an Allergan Speaker



Virtual Support Group by Conference Call

Do you or a family member have Parkinson's  
disease? Do you feel alone? Isolated? Need  
answers? Join us for a virtual support group.

You don't have to leave the comfort of your home.  
Connect with others who are dealing with the same  
challenges of living with Parkinson's disease. Get an-  
swers for yourself, and help others by sharing your  
insight and experience.

Meeting starts July 18th at 6pm EST

Contact the Center for more information 502.254.3388



# CENTER HA

### The Greatest – written by John Baumann

As Muhammad Ali was (in)famous for saying, “I am the  
bold individual. And he did not limit it to boxing.

As to being born “the greatest,” I imagine that he was  
but he definitely needed to learn the skill of boxing.

Ali fought in the amateur ranks for 105 fights (100 –  
gold medal at the Olympics.

Even though he was only fighting his 16<sup>th</sup> professiona  
ton. In the Liston fight, it is well documented that so  
on his gloves that transferred into Ali’s eyes so that h  
instead, told Ali to feel his way around and use his ir  
bly, lasted the round (3 minutes is a long time) and Lis

What traits did Ali demonstrate to be “the Greatest  
given. A starting point. What sets us apart is the abili  
tensity, tenacity and inner strength. It also takes a sub  
put yourself out there. For example, Ali was only know  
ning and the fifth one was in the first of three fights v  
Courage.

Ali was sentenced to 5 years in prison and exhibited p  
age to never give up in appealing the decision. He wo

Ali was not allowed to fight during the appeal which  
been his prime years of the sport. He handled the  
strength, and courage to never give up. He won back  
layoff.

Finally, he demonstrated his survival skills by, not jus  
else would he do? He was Muhammad Ali, The Great  
nacity, strength, and courage to never give up.

Muhammad Ali was definitely a survivor. He had Park  
self but rose to the occasion when it was time to p  
Throughout his life, Muhammad Ali could definitely b

I am a Person with Parkinson’s disease. I have reclaim  
have not just reached the fifth level of Grief – accep  
Parkinson's. I am an inspirational speaker who just s  
state unequivocally that I am now Powered by Parkin

Your Voice showcases articles submitted to t  
Parkinson's community. <http://p>

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